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Her most popular book, Total Health Makeover, led Henner to the formation of her own total health makeover website (www.marilu.com). It is dedicated to teaching others how to live healthier, more active lifestyles by not only providing valuable information and support but also through live chats and online classes and counseling.

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Marilu Henner is well known for her roles in Taxi and Evening Shade and her participation in The Celebrity Apprentice. She is the author of two other New York Times bestselling books, Marilu Henner's Total Health Makeover and Healthy Life Kitchen.

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